

Whole School Food Policy

Aims:

To ensure that all aspects of food and nutrition in school promote the health and wellbeing of pupils, staff and visitors to the school, and to increase awareness of food issues.

Responsibilities

It is the responsibility of the governing body to put in place a Whole Food Policy, an evolving document, which sets out the following:

- ◆ Caterlink adhere to all nutritional standards laid down by government when producing break time snacks and lunchtime meals.
- ◆ Caterlink to ensure that all dietary and allergy needs are catered for.
- ◆ All pupils are encouraged to bring re-fillable water bottles and have easy access to drinking water machines. Water to be available for purchase from the canteen during break and lunch.
- ◆ Competitive pricing of healthy options.
- ◆ Weekly menu reflects food from ethnic groups and cultural festivals.
- ◆ Continuation of rotation of year groups into the canteen.
- ◆ To include a theme day (e.g. Italian) within the menu at least once a term.
- ◆ Parents to be kept informed of healthy food developments through the school newsletter.
- ◆ The school does not intend to have vending machines available for pupils during the school day.
- ◆ The school provides a Breakfast Club daily.

Teaching

Years 7 to 9 are taught through the formal curriculum lessons of Food Technology, and PDC and Years 10 and 11 through PDC and PE promoting healthy lifestyles.

To ensure that all pupils are given the information they need to make healthy choices.

To be reviewed annually by the Head of Teaching and Learning (Food).

Monitoring

All pupils will take part in an annual survey.

Concerns of pupils to be made to School Council Representatives, to be then passed to the Governors' Environmental Working Party/Teaching and Learning Committee throughout the year.

A Governor from the Teaching and Learning Committee will attend regular meetings with Caterlink, the Headteacher, Deputy Head and School Business Manager.

Copy of Caterlink Annual Review to be passed to the Governors Finance Committee.

Evaluation of the Policy

The Whole Food Policy is reviewed annually by the Teaching and Learning Committee on behalf of the Governing Body.

Future Developments

To monitor Extended School provision.

To continue possible activity during Curriculum Enrichment Week.