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Headteacher: Mr M Wignall

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Parent/Carer

## World Mental Health Day – 9 October 2020

The charity YoungMinds is called on schools across the country to take part in #HelloYellow on World Mental Health Day which is on 9 October 2020.



YoungMinds is the UK's leading charity committee to improving the emotional wellbeing and mental health of children and young people. For further information please visit [www.youngminds.org.uk](http://www.youngminds.org.uk)

YoungMinds has organised the #HelloYellow day on World Mental Health Day. You can support them by wearing yellow in exchange for a donation of £1 (or more if you would like to). Whether you choose a subtle splash of colour or dress like sunshine from head-to-toe, together we can show young people they're not alone with their mental health.

Participation is optional, however it would be great to see as many of the pupils supporting this worthy cause and raising vital funds for mental health.

If you choose to take part, non-uniform must be yellow, sensible and smart. The following are not acceptable:

- Short skirts/shorts
- Tops with slogans that may offend
- Bare midriffs
- Dyed hair
- Extremes of fashion

If you are not sure what can or cannot be work, ask your Tutor or Achievement Leader beforehand.

Yours faithfully

**G Odlin**  
Assistant Headteacher

