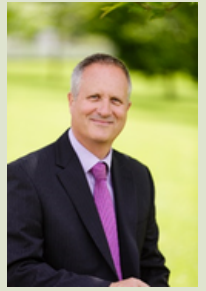


DOWNLANDS NEWS



19th July 2024

Dear Parent/Carer,

Thank you for your support over another very successful academic year; it has again been a privilege to work with your young people.

We have had a busy summer term with many events taking place. Thank you for supporting the DSA summer fair; it was a fantastic afternoon and before costs raised over £7,900 for the school. Some of this money will go to ensure every pupil can access our Character Passport initiative which has been such a success this year. This year students have participated in almost 2,000 days of trips or activities relating to the passport.

Our amazing PTA are also funding a new long jump pit and run-up and further work to improve the courtyards.

We also enjoyed these wonderful events (thank you to everyone involved in organising them):

- Art Exhibition
- PE Awards evening
- Academic Awards evening
- Year 11 Leavers Prom at Pangdean
- Sports Day
- Netball Marathon

Our students are participating in various enrichment activities this week, the Year 7s have been on camp and the Year 10s have been on work experience. Our first ever South Africa Rugby and Netball trip departs on Friday.

Once again, thank you for all your support this year, and I wish you a very happy summer.

A handwritten signature in black ink that reads 'Mark Wignall'.

Mark Wignall
Headteacher

CONTENTS

1. Words from Mr Wignall
2. Contents
3. Important Information
7. ROCKS – Community Winners
8. ROCKSTARS celebration & Student Spotlight
9. Duke of Edinburgh
10. Sports Day
11. PE Awards
13. Art Awards
14. Art
16. Netball Marathon
17. STEAM
18. Maths
20. Careers
23. Library
24. Downlands School Association
25. School Fundraising
26. Community News
28. Useful Information
25. Vacancies
26. Thank You

IMPORTANT INFORMATION

INSET DAYS

- Monday & Tuesday 22nd & 23rd July 2024
- Monday 2nd September 2024 Staff Transition day– school closed to pupils
- Friday 6th December 2024
- Monday 6th January 2025
- Wednesday 25th June 2025
- Monday 21st July 2025
- Tuesday 22nd July 2025

EARLY CLOSURES

- Tuesday, 3rd September 2024
- Wednesday, 11th September 2024
- Monday, 4th November 2024
- Tuesday, 14th January 2025
- Thursday, 5th June 2025
- Wednesday, 11th June 2025

On these days, school will close at 2pm for staff training. Transport will be arranged and we are able to supervise students who can't leave early.

TIMINGS OF THE SCHOOL DAY

- 8.35am First (warning) bell
- 8.40am Registration
- 9.00am Lesson 1
- 10.00am Lesson 2
- 11.00am Break
- 11.20am Lesson 3
- 12.20pm Lesson 4
- 1.20pm Lunch
- 1.55pm End of lunch
- 1.55pm Lesson 5 (including 10 minutes DEAR Time ** for Key Stage 3)
- 3.05pm End of school day

**** DEAR time – Drop Everything And Read – all Key Stage 3 students are required to bring a reading book.**

The school site is open to students from 8.20am, students will not be able to enter the school building until 8.35am (unless the weather is inclement). Years 8 to 11 will assemble on the playground, Year 7 at the amphitheatre. The gates will be locked at 8.39am and the students will be marked 'late' after this.

IMPORTANT INFORMATION



REPORTING ABSENCE - STUDYBUGS

If you haven't already, please download the free Studybugs app, or register on the Studybugs website, and use it to tell us whenever your child is ill and unable to attend school. You can still call us to leave a message to report an absence, however Studybugs is our preference for absence reporting as it feeds directly in to our registers.

Get the app or register now <https://studybugs.com/register>

<https://studybugs.com/about/parents>

Studybugs is quick and easy to register and use, and automatically reminds you to keep us posted. Using the Studybugs app or website, you can report your child's absence due to illness any time from 6pm the day before.

You are required to report absence a day at a time – it's not possible to 'block book' absence. Studybugs automatically email parents a reminder at around 8am the next morning if it's a school day. As an extra safeguard, Studybugs is set to automatically send parents a confirmation email after they report absence via the Studybugs app

MEDICAL APPOINTMENTS

Please remember to leave a message for attendance (ext 228) before 8.30am to advise if your child will be late due to medical or illness. Likewise, a child will not be released from school without prior notice (before 8.30am) of an appointment.

NUT FREE SCHOOL



Please can we take this opportunity to remind everyone that students are not to bring bags of nuts, or food containing nuts, into school.

LOST PROPERTY

Please ensure you name all items belonging to your child. All items found around the school are handed in to lost property. Children can look for items at break and lunch time from the Attendance Officer. During the term we give named items to your child's tutor or PSO to return to them, if your child hasn't claimed them. Due to the amount of unclaimed unnamed items, we donate these items to charity at the end of every term. We cannot be responsible for lost items not handed in to lost property.

IMPORTANT INFORMATION

LOCKERS

MESSAGE FROM THE FINANCE OFFICE There is a daily expenditure limit of £6 in place for pupils. If you are happy for your child to exceed this limit to ensure they can buy snacks/food at morning break and lunchtime please email office@downlands.w-sussex.sch.uk for the attention of the finance office and we will make a note on your child's lunch account. This also applies if you would like a lower limit in place. If you have funds on the General Prepayment account and would like to use those for a trip/resources or lunch account, please contact the finance office as only they can move the funds. You won't be able to do this yourself on the Scopay app/website.

LOCKERS Lockers will be emptied at the end of Summer term, and anything left behind will be put in the bin by the locker company.

MCAS - PHOTO PERMISSIONS.

We love sharing photos of the students participating on trips, sports and clubs, on our newsletter and on social media.

If you are happy for your child to be included in these photos please make sure that you have given consent by ticking the following on MCAS - Photo Online/Photo and name in Press/Photo Print use externally.

MCAS - PARENTAL CONSENT



MyChildAtSchool
Bromcom Parent Portal

Please take a few minutes to ensure that all parental consents are up to date

Click on Data Collection Form to give consent for antihistamine or paracetamol to be given as needed at school.

Please tick EpiPen if your child uses an EpiPen. Please look at the whole page and complete as needed. Remember to press Submit changes and Save.

Please also look the Parental Consents Page to update your information and remember to press save.

Data Collection Form

Gender

Country Of Birth

Language

Religious Affiliation

Ethnicity

Nationality

Service Child

Other Details

Antihistamine Permission* ☐

EpiPen - uses ☐

Paracetamol Permission* ☐

Save

Parental Consent

Biometric Consent

I consent to fingertip biometric scan for the purpose of making payment for canteen food only. Our canteen operates a cashless system. This scan is held until the student leaves or ceases to use the system. If you wish to withdraw your consent, this must be done so in writing to the school Finance Office.

IMPORTANT INFORMATION

IMPORTANT MESSAGE FROM THE MEDICAL ROOM

- Please make sure that you are aware of the current Covid guidance, which can be found here:
<https://www.gov.uk/guidance/people-with-symptoms-of-a-respiratory-infection-including-covid-19#children-and-young-people-aged-18-years-and-under-who-have-symptoms-of-a-respiratory-infection-including-covid-19>
- Please remember to keep the medical room updated of any changes in your child's medical conditions. Your child's welfare whilst in school depends on this information being up-to-date.
- Please ensure that your emergency contact details are current. If you move home, get a new mobile number or your work number changes please remember to let us know; we need to be able to contact you in an emergency or if your child is unwell.
- Please do not send your child into school if they have sickness or diarrhoea. You should keep your child at home for 48 hours after their last episode of sickness or diarrhoea.
- Hay fever – the school does not administer antihistamine for the symptoms of hay fever. We ask that this be administered at home before the start of the school day.
- Finally, please be aware that any prescribed medicines to be administered during the school day must be provided to us in the original pharmacist's container. We would ask that where possible you ask your GP to administer a three-dose medication to avoid the impact on the school day. A 'Request for School to Administer Medicine' form must accompany it. Under exceptional circumstances, where it is deemed that their administration is required to allow the student to remain in school, the school will administer non-prescription medication for a maximum period of 48 hours. Any non-prescription medication administered in school must have been administered in the past without adverse effect. Again, a 'Request for School to Administer Medicine' form must accompany it. **Students must not carry their medication in school, apart from asthma inhalers and Anaphylaxis Auto Injectors, all other medication must be stored securely in the medical room.**

Medical Officer



COMMUNITY WINNERS



We are pleased to announce the winning community who have generated the most ROCKS points.

The winning community has triumphed as the embodiment of ROCKS behaviour and were outstanding during this year's school sports day.

Their commitment to **Resilience**, **Optimism**, **Community**, **Kindness**, and **Self Awareness** has made a positive impact on the entire school community.

Additionally, their collective efforts earned them the highest number of points across various sports disciplines.

THE RESULTS ARE IN !

1. Weald 6890
2. South Downs 5937
3. Beacon 5809
4. Wolstonbury 5798

WELL DONE TO THE WINNING COMMUNITY

WEALD

YOU HAVE ALL WON A TRIP TO



ROCKS CHARACTER

★ ROCKSTARS ★ CELEBRATION

Our ROCKSTARS summer term assembly took place on Thursday afternoon in the glorious sunshine. The students with the most points in each category, and the overall winners from each year group, enjoyed pizza and time off timetable as a reward for their amazing efforts this term. Congratulations to all winners!



STUDENT SPOTLIGHT



ROYAL
BALLET
SCHOOL



CONGRATULATIONS AND GOOD LUCK!

Congratulations and good luck to Lois in year 9 who successfully auditioned for the Royal Ballet School's Senior Associate Programme earlier this year and will start in September.

The Associate Programme, created in 1948 by our Founder, Dame Ninette de Valois, nurtures young, talented students between the ages of 8 and 17 in pursuit of excellence in pre-vocational classical ballet training.

DUKE OF EDINBURGH



DofE Assessed Expedition, 15th & 16th June

After successfully completing their practice a few weeks earlier, now was the time for the real thing:

At around 9.30am on Saturday morning, 78 eager Y10 students arrived at school, ready to start their assessed expedition as part of their DofE Bronze award. By 10am, we were all taking cover under the canopy on the playground, as rain of biblical proportions descended upon us!

Deja vu – remember last year?



Fortunately, the rain gradually eased and by 11am all groups were on their way. This time though, they were on their own, being remotely supervised with checkpoints and binoculars.

Again, all the groups proved they were resourceful and determined. As the day progressed, so did the Y10s, with no fuss, drama or complaint. Minor navigation mistakes were made, but these were overcome with teamwork and the knowledge that they wouldn't fail if they went wrong, it was how they dealt with it as individual groups. And they dealt with it brilliantly.



No pit fire on the campsite this time, but a lot of creative menus for supper and a game of footie on the big field. Lights out at around 10pm and by 11pm, the night was silent.

An early rise the next day and another day of walking ahead. Breakfast was had, tents were taken down and the campsite was clear by 9.30am.

With good weather all day, everyone made it back to school by 3.30pm, with the promise of a proper meal, a bath and a good night's sleep to follow.

A very successful weekend for everyone. The compliments from the assessors (BXM) were lovely to hear, nothing negative, all positive. We can all be proud of this bunch of Y10's, they were awesome!

Mr Tilly

SPORTS DAY

DOWNLANDS
COMMUNITY SCHOOL

SPORTS DAY

Thanks to our Downlands community for making sports day such a fun and exciting event. The day was filled with cheers, colourful team banners, and a lively atmosphere.



U13 GIRLS CRICKET

The U13 girls won the county cup last week! They won every single group game, their semi final and then the final! They displayed some incredible bowling, batting and fielding which resulted in them being crowned county champions! They are an amazingly talented group of individuals who played as a really strong team unit.



PE AWARDS EVENING

This is a very special evening for the PE and Dance Faculty, one which we thoroughly enjoy as it celebrates the successes of our students and teams who are involved in our extra curricular activities. We pride ourselves on a very extensive extra curricular programme and it was wonderful to celebrate with this spectacular evening.

We were fortunate to have Lara Cornelius, representing Team GB, runner-up in the European Basketball Championships in Italy 2024 to hand out the medals and trophies.



PE AWARDS EVENING



Just over 360 students attended the two course sit down meal, many students were on the receiving end of the hundreds of medals and numerous trophies that were awarded. It was very special to have so many parents and carers present to watch the students receive their awards.



ART & TEXTILES EXHIBITION AND AWARDS

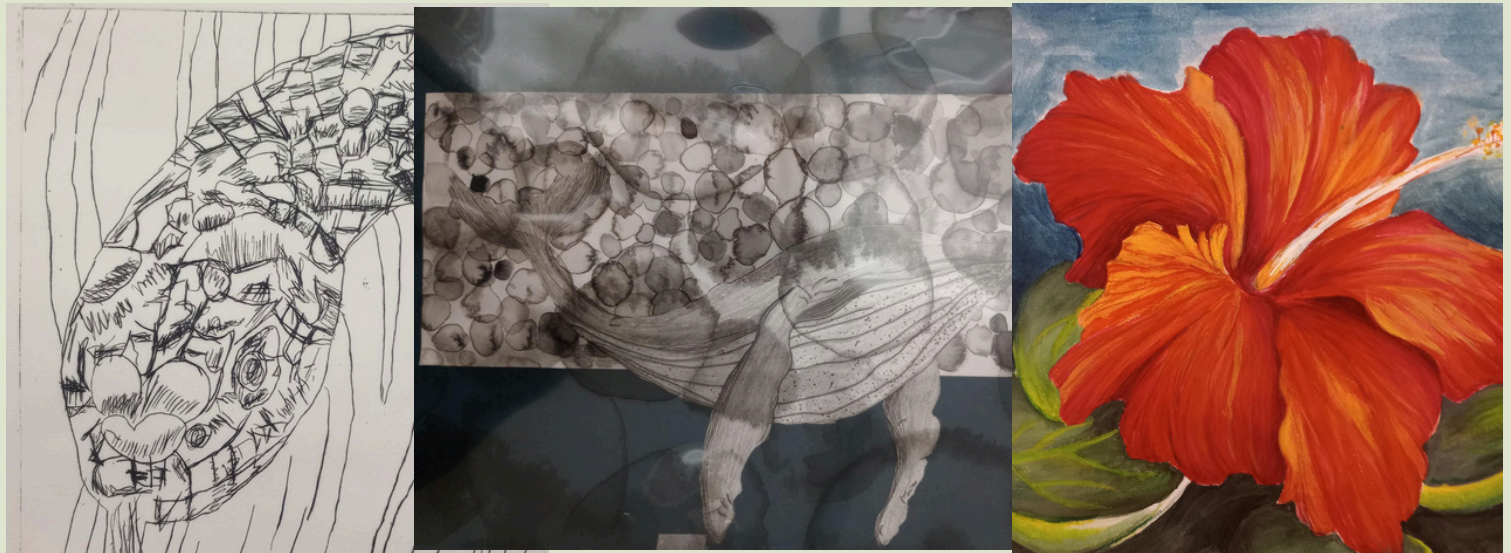


‘WELCOME TO THE JUNGLE’

Artist Educator Rob Le Grice held a fabulous art workshop for Year 9 pupils who have opted for GCSE Art. Pupils drew from a large range of plants whilst experimenting with different drawing techniques. Rob will be running several courses next year for Y10 and 11 students.



ART



Year 7 have been creating clay monsters inspired by the work of Jon Burgerman and Hiroshi Yoshii



NETBALL MARATHON

DOWNLANDS NETBALL MARATHON

Thank You!

On the 4th July, we held our annual netball marathon to raise money for "Breast Cancer Now". It was a huge success with over 200 pupils involved throughout the day with support and participation from staff.

A massive thank you to everyone who donated and played, baked cakes/cookies and donated sweets for the tombola.

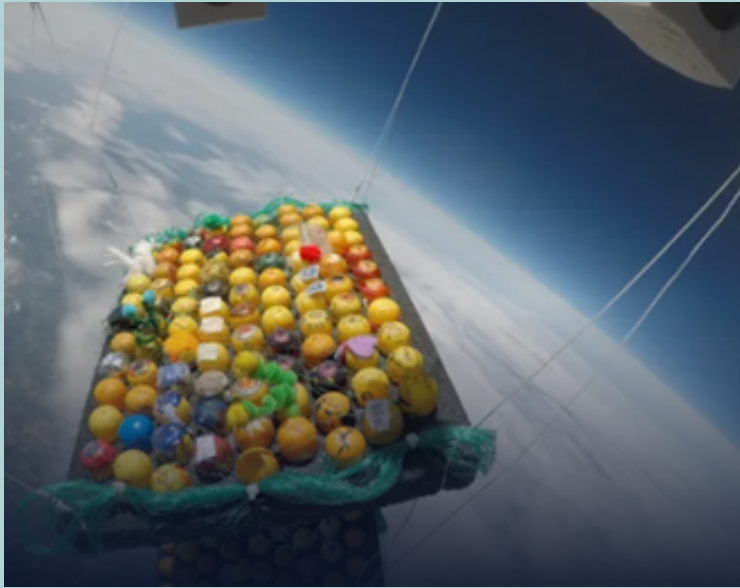
The sun shone brightly and the atmosphere was brilliant. Thank you to everyone who supported the event. We raised just under £2500 and money is still coming in.

If you would like to donate please use the following link:
<https://www.justgiving.com/page/downlands-community-school-1718355839537>

Thanks again team Downlands!

RAISING MONEY FOR
**BREAST
CANCER
NOW** The research
& care charity





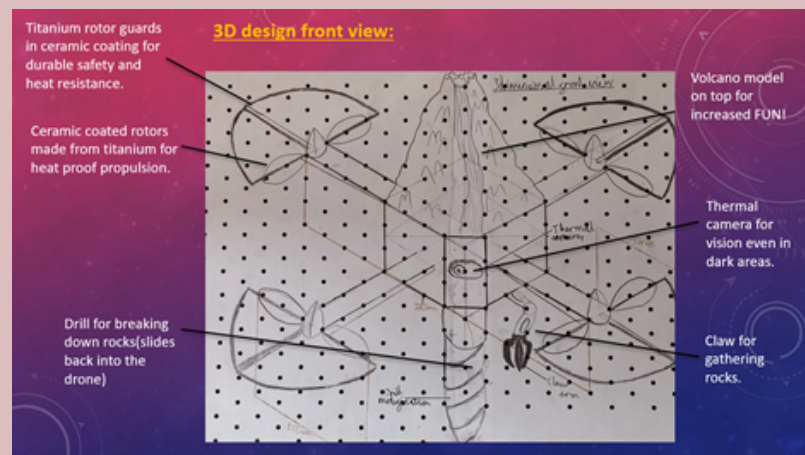
We have been busy with projects. Year 10's have been developing their hovercraft. They took their design to the Mid Sussex STEM competition.

The KS3 group have been developing experiments to send in to space. Unfortunately, we are still waiting for the right weather for these to be launched.

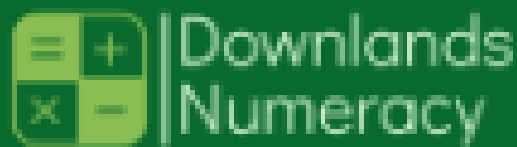
The KS3 group have also been very busy researching the use of drones in 'Extreme Locations'. This competition is being run by Collins Aerospace. The first design the students thought about being under the sea.

Unfortunately, We found out that we could not submit this design. It was then very tense as the students worked tirelessly on creating their new design, for a quadcopter. Coming in for extra sessions after school.

They students finally finished all the research, created a presentation and have now been selected for the next part of the competition. They are looking forward to an engineer coming in to school in September to build the drone with them and learn how to fly it.



MATHS NUMERACY NEWSLETTER



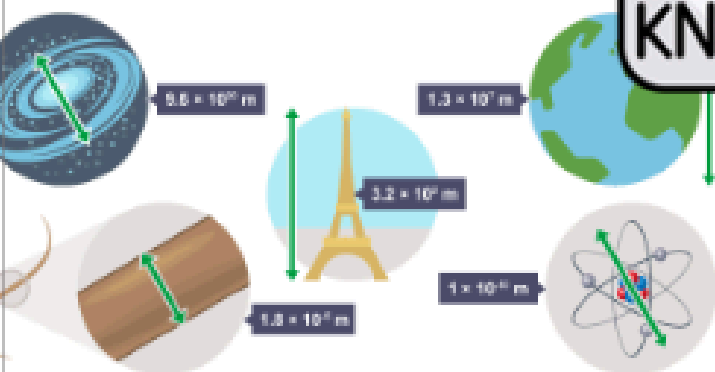
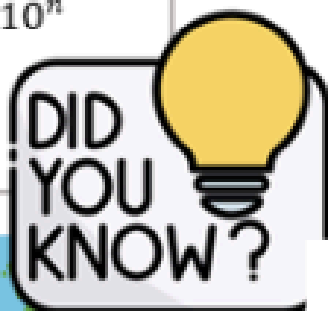
Welcome to this month's Downlands Numeracy newsletter on Standard Form. Each month, we aim to support the learning of maths at home for our students. This month is dedicated to what year 8 have just been learning!

Definition

Standard form is a system of writing numbers which is particularly useful for very large or very small numbers. It is written in the form $a \times 10^n$

Fun Fact

Archimedes used standard form to try to calculate the size of the universe – he was alive around the years 250 BC!



$$10 \times 10^2$$

$$4.3 \times 10^{1.5}$$

$$0.9 \times 10^3$$

Examples

VIDEO TUTORIAL

Non-examples

$$2 \times 43$$

$$0.0 \times 10^3$$

SCAN ME



Scan the QR code to watch a worked example video. Use the space in the following worked example to attempt the question contained within the video before then watching to see if you were right or wrong. Learn from any mistakes that were made and complete the remaining practice questions on the following page 2.

MATHS NUMERACY NEWSLETTER



Worked example

The aim of writing numbers in standard form is to be able to more easily work with very large or very small numbers in a calculation.

Standard form is always written in the form:

A number between 1 (including) and 10 (excluding)

$$a \times 10^b$$

Always multiplied by a power of 10

A positive power represents large numbers and a negative power represents small numbers. Having a negative power, reciprocal, is the same as dividing by the positive power of 10.

Convert to standard form: ★★

Number between 1 (inc) and 10 (exc) → 11000 → Write as a power of 10 → 1.1×10000 → Always multiplied → 1.1×10^4

Convert to standard form: ★★★

Number between 1 (inc) and 10 (exc) → 0.098 → Write as a power of 10 → $9.8 \div 100$ → Change to multiply by making the power negative (a reciprocal) → 9.8×10^{-2}

Convert to an ordinary number: ★★★★★

4.3×10^5
 4.3×100000
 430000



Scan for video

	QU 2	Convert to an ordinary number: 9.8×10^4
Convert to standard form: 19000	Convert to standard form: 0.075	

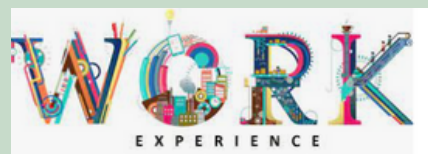
QU 1 Ans	QU 2 Ans	QU 3 Ans
----------	----------	----------

Now practice the skill

CAREERS

ANOTHER BUSY HALF TERM IS DRAWING TO A CLOSE FOR THE CAREERS DEPARTMENT

Our Year 10s are out on their work experience placements during the last week of term. Many of them will be working in local businesses, so do keep an eye out for new members of staff who may have popped up!



A huge thank you to all the businesses who have given up their time and expertise to allow our students a flavour of the working world, we couldn't do it without your support. A big thank you also to the parents who went above and beyond in finding placements. With 225 students to place, it is a mountain to try and climb solo, so it is much appreciated. I hope that they will all have an experience where they discover more about themselves and the world of work, and that it motivates them for the choices they have before them when they leave Downlands.

College Taster Days

Many of our year 10s took up the opportunity to sample Taster Days at our local further education providers. Hopefully this will have given them a sense of what life at college is like, and which subjects they might wish to select. There will be open events at all the providers in the autumn term, so there are still plenty of chances to explore the many different routes post Downlands.



Over the summer holidays I encourage all of the year 10s to use their Unifrog accounts to hunt for more information about careers of interest. They can complete the quizzes available and see what career roles are suggested for them if they have no idea where to start, or search for career fields within the careers library to find out more about the range of roles within any given sector. In preparing for choosing their next education provider, do look on college websites and read the content of the courses on offer, to start creating short lists of what you might want to study and where.

Save the date invitations have been sent home to all Year 10 parent and carers for our **Find Your Path** evening on **Tuesday 24th September**. Full details will follow when we return in September, but please mark this in your diary. All Year 11 students are expected to attend and parent/carers are welcome to come along too.

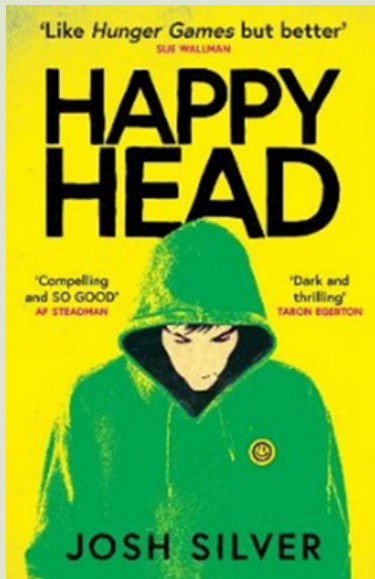
I am sure that our Year 11s will reap the benefits of their hard work with their GCSE results in the summer. Should things not pan out the way they wanted on results day, they should contact their chosen college or training provider to see if they are still able to take their planned courses, or whether they will accept them on an alternative course. For any students still holding more than one placement, they must confirm for definite which college they will be attending on results day at the very latest. Remember to add a personal email to your Unifrog account so that you can continue to access all the amazing information once your Downlands email is closed down. It costs you nothing and is free careers advice at your fingertips!

Enjoy the summer and see you in September!

M. H.

LIBRARY

As we come to the end of the academic year, the library has been hosting events to inspire and encourage the students Downlands to immerse themselves in reading over the summer break.



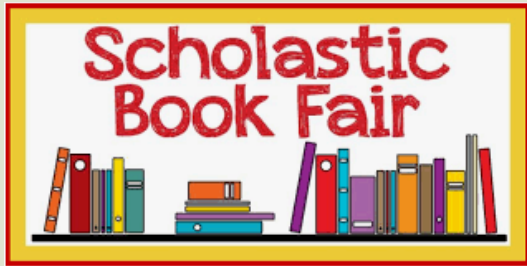
In June, some of Downlands avid readers took part in the Amazing Book Awards hosted by Shoreham Academy. Over the previous months, these students read through a selection of books, voted on their favourites and attended an awards night in which they could hear from and meet the authors. Happy Head was voted No.1 by the students at Downlands and all other schools taking part!

In July, author of the Bodyguard, Young Samurai, Soul and Gamer series Chris Bradford visited our Year 7s, to deliver a dynamic author talk. He enlisted the help of the students to showcase what it means to be a bodyguard, and how this comes to life in his book characters.

This was followed by a Q&A about Chris Bradford's author journey, and a book signing where lots of students got to take home a signed book or poster.



LIBRARY



The library also held a Scholastic Book Fair for a week, where students could browse and buy brand new books and stationary.



A reminder of the library services for the new academic year...

DOWNLANDS COMMUNITY SCHOOL

LIBRARY

Stationery Shop

12 Felt Pens	£1.50	Clear Pencil Case	£1.00
12 Coloured Pencils	£1.00	Berol Handwriting Pens	£0.50
Glue Stick	£0.50	30cm ruler	£0.40
Black Biro Pen	£0.30	15cm ruler	£0.30
Protractor	£0.30	HB Pencil	£0.20
Revision cards (pack 10)	£0.20	Whiteboard Pen	£0.40
Eraser	£0.20	Whiteboard and Pen (SCOPAY)	£1.10

Library Printing Charges

A4 Black Page - 5p

A4 Colour (writing) – 10p

A4 Half Page of Colour/Photographs – 20p

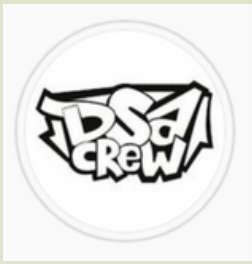
A4 Page with Full Background Colour – 25p



The library computer room is open at break, lunchtime and after school until 4pm for printing, homework and schoolwork.

A big THANK YOU to all the pupil librarians who have volunteered their time each week to keep the library running!

DOWNLANDS SCHOOL ASSOCIATION



Downlands School Association (DSA) is the PTA that fundraises for our amazing community school!

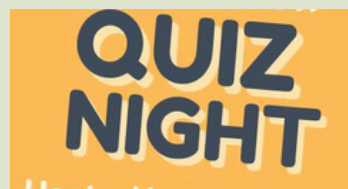
Dining Pods, IT equipment, a replacement minibus, the amphitheatre and dance studio and the Rocks Character Days have all been funded by the DSA!

We have just had our Summer Fair and the Christmas Market is planned for 30th November!

We also provide refreshments for school events and hold Second-Hand Uniform sales with other fun and inclusive events such as Quiz & Comedy nights!

The PTA are always looking for new members to help raise funds for the school – this can be as little as helping for an hour at an event to being more involved with the organising of events. It's a great way to get to know the school and staff.

If you are interested in hearing more about what we do & have a glass of fizz with us come along to the
**Downlands School Association AGM on
Monday 9th September, 7pm in the STEM SUITE**



You can keep up to date with all DSA events through our Social Media



Downlands School Association



@downlands_school__association



Thank You!

Thank you! Together we've smashed our target and raised an amazing £2,705 through the summer prize draw!

Congratulations to the lucky winners including Sarah P who has won the cheese and wine tasting tour, Jenny D who speeds away with the go-karting prize, Kate J who has won a £50 shopping voucher and Susan R who scooped the wellness windfall. All of our winners will be notified by email by the end of today and will be receiving their prizes soon.

A huge thank you goes out to all of the companies, organisations and parents who donated such brilliant prizes; we are so grateful for your generous support.

Finally, we'd like to thank everyone who has bought tickets and supported our other fundraising events this year. You have helped to raise a fantastic amount which will support projects and activities to benefit all children at Downlands.

All the best and have a wonderful summer,
from the Downlands School Association

SCHOOL FUNDRAISING



DOWNLANDS COMMUNITY SCHOOL are now registered with easyfundraising, which means you can raise **FREE** donations for us every time you shop online. Over 7,000 brands will donate to us when you use easyfundraising to shop with them – at no extra cost to you.

These donations really mount up and make a **BIG** difference to us, so we'd really appreciate it if you could take a moment to sign up and support us. It's completely **FREE** and only takes you a moment.

Turn your daily shopping into everyday magic for us with **easyfundraising**

You shop, brands donate to us. It won't cost you any extra!



easyfundraising

Help us make a difference when you shop.
Visit www.easyfundraising.org.uk



- 1 Visit www.easyfundraising.org.uk
- 2 Sign up and search for us
- 3 Your favourite brands donate to us whenever you shop with them

Shop with 7,500+ brands including:

Booking.com

ebay

M&S

GROUPON

Argos

TUI

JOHN LEWIS



Viking

ASOS

BT

Uber Eats



Thank you to all our family and friends that are supporting our School Lottery. We are delighted with the support it has received and the money raised will go towards more facilities for the students.

The lottery draw takes place every Saturday evening. Tickets can be purchased by clicking the link below:

<https://www.yourschoollottery.co.uk/lottery/school/downlands-community-school>

Tickets are £1 and can be purchased individually or you can set up a standing order for weekly tickets. There are weekly prizes and national prizes to be won. It's easy to take part and makes a big difference to our school and students.

VACANCIES

JOIN OUR TEAM



**Do you want to join a friendly,
enthusiastic, and committed team
in a successful community school ?**

We are currently looking for:

**School Governors
Exam Invigilators**

**For details of current.vacancies please visit:
<https://www.downlands.w-sussex.sch.uk/join-us/vacancies>**

GOVERNOR VACANCY



Are you interested in the education of children in your local community? Have you ever thought of being involved in supporting one of your local schools?

The Governing Board of Downlands Community School in Hassocks is looking to elect 2 co-opted governors. The role of the Governing Board is to provide strategic leadership and to have oversight of educational and financial performance.

All governors are volunteers, and no formal qualifications are required. However, as a co-opted governor you may be able to use your professional skills in the role.

Coming from a range of different backgrounds, our governors have a wide variety of skills and experience, but all share a common interest in their commitment to the education of pupils at Downlands and to the wider local community.

To become a school governor, you must be over 18 years of age. Those in employment are entitled to "reasonable" time off work to carry out their governorship duties.

It is important that prospective candidates are able to commit time during the working day.

The governing board exercises its authority collectively rather than as individuals, through committees which focus on different areas of school life. Governors are linked to a subject area and encouraged to participate in various school events. If you are interested in joining us and would like further information regarding the roles and responsibilities of a school governor, please contact the Clerk to the Governors, by emailing ctoq@downlands.org.

Mrs Diana Hunt
Chair of Governors



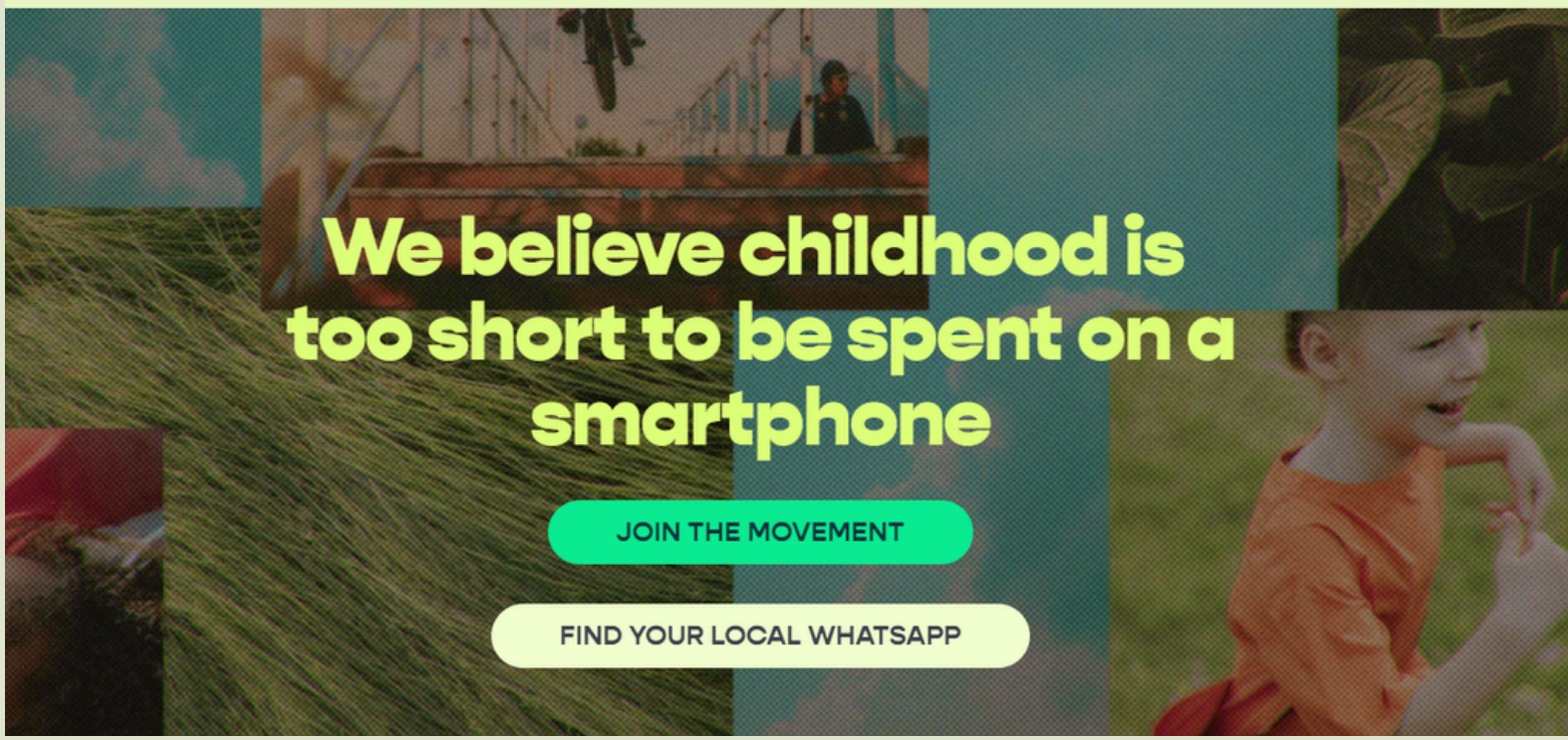
Pupils having a lesson in the Amphitheatre

SMARTPHONE FREE CHILDHOOD



[ABOUT](#) [THE PROBLEM](#) [OUR MISSION](#) [RESOURCES](#)

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A collage of images including a child on a swing, a child in a field, and a child in a field.

**We believe childhood is
too short to be spent on a
smartphone**

[JOIN THE MOVEMENT](#)

[FIND YOUR LOCAL WHATSAPP](#)

Smartphone Free Childhood (SFC)

Did you know? The average British 12-year-old now spends 29 hours a week – equivalent to a part-time job – on devices, leaving little time for real-world activities and connections. Time spent on a device is time not spent with others: playing, exploring, interacting and developing vital life skills. A national movement, led by parents aims to challenge the new 'norm' of children owning and using smartphones. There are 35 parent groups in WestSussex alone. A group of 60 Downlands parents have come together as a community and engaged with the school, to discuss the issues, experiences, and practical solutions in a non judgemental way, to limit the harmful effects of smartphones on our children.

Below is a link to the SFC Downlands What's App group should you be interested in joining:

<https://chat.whatsapp.com/DzofBQzR5pf72j5rVrwHBj>

USEFUL INFORMATION

aspens.org.uk
charity no: 1171446



aspens

Empowering people on the
autism spectrum and with
learning disabilities.

Girls Group Mid Sussex



St Andrews Hall, Burgess Hill,
RH15 0LG



Mondays fortnightly
(term-time only)



5pm-7pm

Group B will be young people age 12-14. Group A will be young people age 14-18. These groups will alternate on Monday evenings term-time only. The group ages may alter slightly. Please note we are not currently advertising for Group A!

The cost is £6 per session for each young person.



These sessions are for girls who are awaiting an assessment or on the neurodevelopmental pathway (including but not exclusive to SEMH, ASC, ADHD). They must be aged 12-14 years old (Group B).

These are a wonderful opportunity for girls to meet others who may have similar experiences and carry out fun and enjoyable activities. These environments are relaxed and engaging. Places will be on a first-come first-served basis.

Please email childrenreferrals@aspens.org.uk to book

USEFUL INFORMATION



Are you entitled?

Downlands receives extra funding for all students eligible for free school meals, called the Pupil Premium. This funding is extremely valuable to us as it enables us to support our students to be happy, confident learners and make the best possible progress.

For more information please visit :

<https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/free-school-meals/#how-to-apply>.

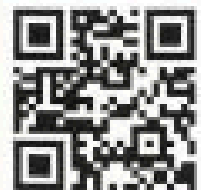
Those children and families that are not eligible for FSM will be able to access urgent support for food via the WSCC Community Hub. The Community Hub can be contacted on 0330 222 7980 and is open 9:00 – 17:00 seven days a week. Further information can be found via the [West Sussex County Council website](https://www.westsussex.gov.uk)

HOLIDAY ACTIVITIES AND FOOD (HAF) FOR CHILDREN

Children and young people aged 4 to 16 who are eligible* for benefits related free school meals can take part in free clubs during the Easter, Summer and Winter holidays. A free nutritious meal is provided as part of the scheme. Visit our website to find activities near you and book your place.

*Check eligibility on the webpage and find information about further support and activities available. Places are limited. Paid-for places may be available, contact individual clubs for availability.

SCAN ME



www.westsussex.gov.uk/HAF



Sussex Community
NHS Foundation Trust

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GET HELP WITH ALL KINDS OF THINGS LIKE...

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WWW.HEALTHFORTEENS.CO.UK



SEE VIDEOS, FIND HEALTH INFORMATION, TAKE QUIZZES,
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Please note that proof may be required at time of purchase

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For internet orders please quote code YR7DISC24

For all enquires please contact us and we will be happy to help.



Age Concern Hassocks



Age Concern Coffee Shop (open to everyone)



Age Concern Hassocks have noticed that quite a few parents browse their charity shop while they wait for children to finish school. They suggest that if parents came a few minutes earlier they would be welcome to use the coffee shop as well.

From Tuesdays to Fridays between 2pm and 3.15pm their Conservatory is available for visitors and their Mad Dog coffee and Hot Chocolate are the cheapest in the area.

<https://www.achassocks.co.uk/what-we-do/#coffee>

THANK YOU!

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We are delighted to say that our audiences just keep on growing.



Thank you to our generous sponsors who have contributed to our

new camera and filmmaking equipment



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